



Jeremiah's House, Highland St., Worcester, MA

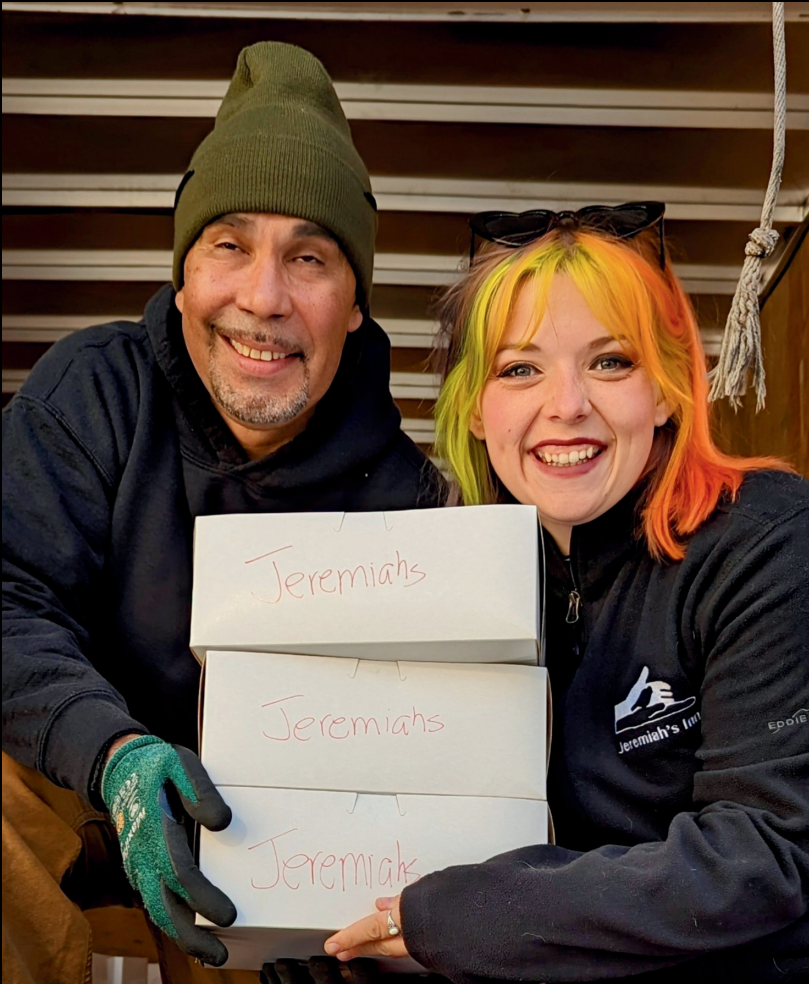


Jeremiah's Inn

Jeremiah's Inn, Inc. Annual Report

2023

www.jeremiahsinn.com



THE YEAR IN REVIEW

2023 was a year of growth for Jeremiah's Inn. Despite the increasing demand in our residential program, nutrition center, and recovery residence, we made significant progress across all our programs with the invaluable support of organizations like Healthcare Enterprises, LLC, the Stoddard Charitable Trust, and others. We would not be able to take these critical steps without the aid of our community and our donors. Thank you for your continued support!

Our nutrition center team responded to high rates of food insecurity in Worcester with great determination and adaptability. We distributed 332,000 lbs. of food to over 23,000 individuals representing numerous demographics. This was made possible thanks to generous support from grants such as the Fletcher Foundation and funding through the Greater Worcester Community Foundation, and so many others. Critical partnerships with Rachel's Table, Community Harvest Project, and Shaw's Supermarkets enabled us to support these increased needs and begin a new community relationship with Clark University. In partnership with Clark's Food Insecurity Resistance Movement (FIRM) program, we serve as an emergency food resource for Clark students in need, with an average of 200 students served monthly since July.



Jeremiah's Inn

JI's kindness allows us to manage our expenses, it reduces our stress, and ensures we always have food in our bellies. The staff is always kind and helpful. Thank you so much for helping us in our difficult times.

— R.P., Clark Student





We similarly faced new challenges and opportunities for growth in our residential program. Increased clinical and staffing requirements prompted us to identify dynamic solutions to deliver the highest quality service for our residents.

We successfully passed a Bureau of Substance Addiction Services (BSAS) review and finished the year with a 58% completion rate. We strengthened our clinical program by implementing a new curriculum for our co-occurring groups, and were recognized as a local leader for our Community Naloxone Purchasing Program (CNPP) affiliation by providing overdose response training and free naloxone to participants.

85%

Annual occupancy rate

61

CNPP overdose prevention & naloxone administration presentations

58%

Annual completion rate (over 25% higher than the MA state average)

72

Residents served in 2023

“

Everyone at FI has been super helpful from the first day. Staff, councilors, case managers are all amazing and very helpful. Best decision I ever made. -Jeff C.

”



Finally, in our greatest accomplishment of the year, we successfully opened and launched our recovery residence, Jeremiah's House! With the support of grants from the George I. Alden Trust, the Albert J. Gifford Charitable Trust, and others, we successfully passed city inspections in March and officially opened our 16-bed sober living house to new residents in July. Many graduates from our residential program have seamlessly transitioned into Jeremiah's House, benefiting from continued, strong community support in a nurturing environment.

We could not implement these key changes without our resilient and dynamic team. We hired a new coordinator for our nutrition center, and host several student workers through our partnership with FIRM.

Two new case managers started in our residential program, and we hired new house managers for both the residential program and recovery residence. These new staff members offer crucial, greatly needed talents that continue to build our strong team and grow our organization.

As we look back on the year, we could not have made any of these strides without the support of our Jeremiah's Inn community! To all our supporters, whether you supported our annual Food Drive, our Holiday Wish Program, or donated food to our nutrition center, we cannot thank you enough. It is your critical assistance that enables us to provide desperately needed services for our clients and patients in our nutrition center and recovery programs. With your continued valuable support, we will make further strides to serve our community in 2024!

COMMUNITY COLLABORATORS

Our mission is strengthened by the invaluable support of our community partners. Their contributions, expertise, and shared commitment allowed us to expand our reach and impact, ensuring we can offer comprehensive care, essential resources, and multiple pathways to recovery.

Our partnership with the **Washburn House Intensive Outpatient Program (IOP)** over the last three years has led to significant improvements in our program outcomes and our residents' long-term success. JI residents attend IOP as part of their program orientation, and Washburn House's



dynamic curriculum covering topics of mental health, life skills, and relapse prevention teach key skills to our residents as they embark on their recovery journey. We are grateful for the support of their clinical team and look forward to seeing the continued good they will do for our residents in 2024! www.washburnhouse.com



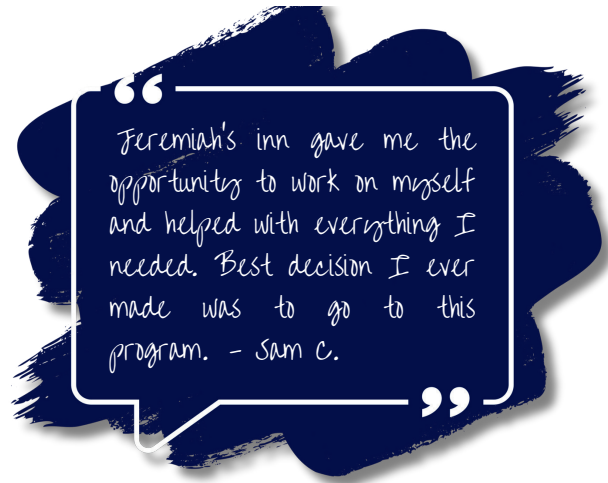
Revive of the USA is a mobile team of certified and insured fitness trainers with extensive experience in both fitness and recovery. Their mission is to reduce the negative impact of addiction on families, workplaces, and the community as a whole. Revive offers weekly group fitness classes for residents at Jeremiah's Inn,

helping participants heal both physically and mentally through movement. Studies show that regular physical exercise provides numerous benefits to the recovering body and brain, and 95% of program participants agree that Revive has positively contributed to their recovery. www.reviveoftheusa.org

RECOVERY PROGRAMS RESPONSE

Residential Program

- Broadened partnerships with providers in therapy, psychiatry, recovery coaching, and housing.
- Passed the BSAS program review with no recommendations.
- Expanded our clinical curriculum to 56 group topics.
- Engaged students from Clark University and College of the Holy Cross through internships and volunteering.
- Enhanced treatment planning with new quality assurance measures.



Recovery Residence

- Passed all Worcester city inspections.
- Hired staff and finalized house rules.
- Reached full occupancy by November, maintaining it with a low 12% turnover rate.

Goals for 2024

- Improve program completion rates and long-term tracking of outcomes.
- Increase resident engagement through community support.
- Expand training for case managers and medication specialists.

Staff Spotlight



Kyle Nolan, Case Manager

Kyle holds a bachelor's degree in Criminal Justice and Psychology from Westfield State University and has experience as a Substance Use Counselor, Recovery Support Navigator, and now as a Case Manager at Jeremiah's Inn. He shares, “The culture of JI is truly special, and I'm lucky to have been welcomed to the team with open arms.”

What he finds most rewarding is, “seeing the transformation in clients from the start of their journey to the end. It's incredible to watch people grow and change each day.” He adds, “The interactions we have with residents are so meaningful, and it's amazing to witness their metamorphosis.”

Kyle's professionalism and commitment shine through in everything he does, helping residents find hope and strength in their recovery. We are proud to have him on our dynamic team!



NUTRITION CENTER RESPONSE

New Partnership with Clark University

- Partnered with Clark University and its student organization, the Food Insecurity Resistance Movement (FIRM), to provide emergency food services to students in need.
- Developed dedicated hours on Wednesday for Clark students.
- Clark employs six students to operate the pantry on Wednesdays and support our community food distribution efforts during other hours.

Organizational and Systematic Changes

- The Nutrition Center's distribution area was freshly painted and redecorated to create a more welcoming, inclusive atmosphere.

- Transitioned from pre-packing bags for pantry guests to offering a supermarket-style experience, allowing them to choose their own items.
- Implemented the USDA's Supporting Wellness At Pantries (SWAP) system.

Goals for 2024

- Expand our involvement in citywide advocacy efforts.
- Offer guests opportunities to apply for SNAP and learn about programs like HIP and the Summer Meals Program to reduce the SNAP gap in our community.
- Increase the availability of produce and protein for guests.
- Provide access to vaccines, healthcare alternatives, food demos, educational workshops, and information on citywide skills and training opportunities.

592%

Increase in fresh
produce
distributed

67%

Guests identify
as Latinx

1,2K

Clark students
served

23K

Total
Individuals
served

“ I've been a guest of Jeremiah's inn food pantries for almost 2 years. I've always been able to help myself to the staples I'm looking for. The pantry manager has always been very kind, courteous and helpful. She keeps things orderly and organized.
- Debbie Servideo ”

Community Outreach and Connection

- Expanded partnership with Shaw's on Gold Star Blvd. increasing fresh produce distribution to our guests by 592%.
- Regular attendance at meetings with the Center on Food Equity's Food Security Task Force, SNAP Coalition, and Food Policy Council.
- Strengthened our connection with pantry guests by offering one-on-one conversations, a suggestion box, and an open-ended survey questions to ensure their voices are heard.
- Distributed \$12,500 worth of Shaw's Gift Cards to food pantry guests from the Nourishing Neighbors Holiday Gift Card Program at the Easter holiday and summer break.



COMMUNITY COLLABORATORS

At Jeremiah's Inn, our work would not be possible without the support and collaboration of our community partners. These organizations and individuals play a vital role in enhancing the services we provide, We are grateful for the incredible collaborators whose partnership has been instrumental in the success of our Nutrition Center operations this year.



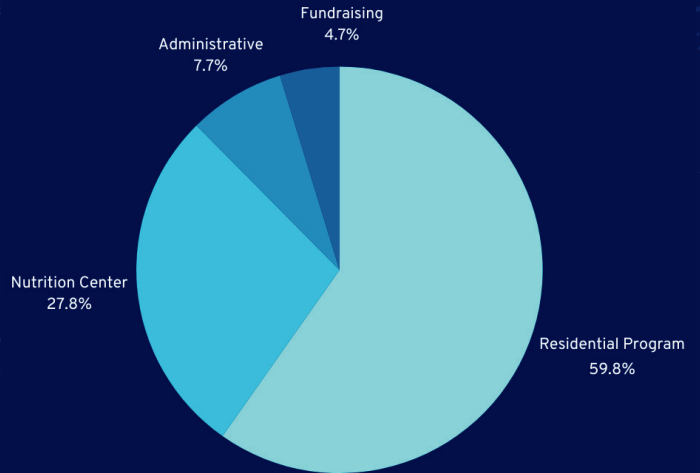
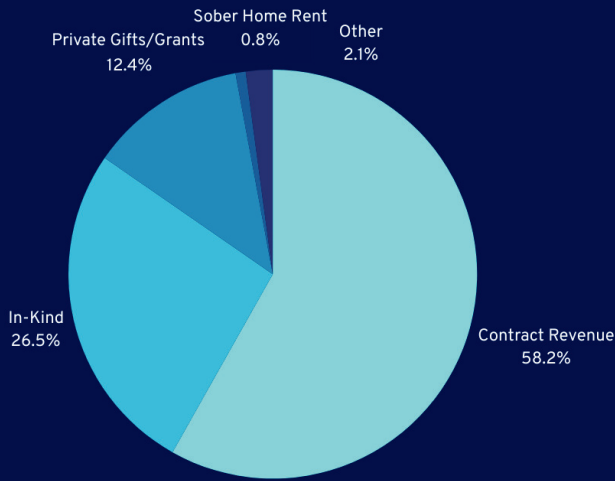
We are deeply grateful to **Shaw's Supermarkets** for their unwavering support. Every year, they generously host our Annual Food Drive at their Worcester locations, and through the Fresh Rescue Program at the Gold Star store, we receive hundreds of pounds of fresh produce each month. The gift cards provided through the Nourishing Neighbor Program have also been invaluable in helping us meet the needs of our guests. Their continued partnership has been essential in ensuring we can provide enough food and vital resources for our clients and residents. www.shaws.com

Securing Safe Food is a nonprofit with a mission to fight food insecurity among individuals with food allergies and to improve access to allergen-free foods. They have been able to provide some of our guests with access to safe foods that are normally difficult to find and more expensive than regular items found in stores. They are an amazing nonprofit that is doing extremely important work. www.securingsafefood.org



Financial Outflows

Residential Program	\$1,645,879
Nutrition Center Program	\$765,851
Administrative	\$211,881
Fundraising	\$130,390
TOTAL	\$2,754,001



Financial Inflows

Program Services	\$1,519,409
Private Gifts, Grants and Contributions	\$325,158
In-Kind	\$691,212
Sober House Room Charges	\$21,036
Other Income	\$55,361
TOTAL	\$2,612,176

FINANCIAL UPDATE

In 2023, 87% of total expenses were allocated towards programming, while 8% made up administrative costs. A favorable benchmark is 75% to 25%. The remaining 5% is related to fundraising. We applied for 66 grants requesting a total of \$392,500 and \$150,000 was approved in 2023.

Thank you!

**2023
Grantors,
Sponsors, &
Donors**



**Scan the QR code for
a complete list**

2023 BOARD MEMBERS, STAFF & COMMUNITY COLLABORATORS

Executive Committee

Patricia L. Davidson, President
Joseph Stiso, Vice President
Eugene Bouchard, Treasurer

Administrative Staff

Lori Arduini, Assistant to the Executive Director
Serina Connor, Intake Coordinator
Alyssa Dancause, Communications Coordinator
Richard Quinlan, Director of Operations
Janelle Wilson, Executive Director

Board of Directors

Cassandra Andersen
Eugene Bouchard, Treasurer
Patricia Davidson, President
Melinda Hillock
Jack Reardon
Eugene Santos-Roesler
Joseph Stiso, Vice President

Nutrition Center Staff

Erin Quaiel, Nutrition Center Coordinator

Residential Program Staff

James Bolster, Medication Specialist
Mark Cantelli, Recovery Support Specialist
Christine Church, Case Manager
Kyle Driscoll, Case Manager
Kashawn Hampton, Case Manager
Dominic Idoko, Clinical Director
Chris Kane, Recovery Support Specialist
Claire May, Case Manager
Richard Mays, Medication Specialist
Cody Murphy, Recovery Support Specialist
Kyle Nolan, Case Manager
Keith Opalenik, House Manager
Stephen Pinzino, Recovery Support Specialist
Kevin Rigney, House Manager
Sindi Tane, Case Manager

Support Staff & Group Facilitators

Relapse Prevention, Stacey Baker
Movement Therapy, Anthony Bizotto, Revive
Oral Health in Recovery, Cynthia Daigenault
Aftercare & Alumni Program, Alyssa Dancause
HIV/AIDS Awareness, Family Health Center

Process for Life, Dee Iannacchione
Tobacco Awareness, Dominic Idoko
Narcotics Training, Dominic Idoko
Overdose Prevention, Dominic Idoko
Meditation & Reiki, Sylvia Murphy
Legal Recovery Meeting, Anna Rice, Esq.

Community Collaborators

Access to Recovery (ATR)
Advanced Psych Services
Albertson's/Shaw's Nourishing Neighbors Program
Arbour Counseling Services
Baker Mental Health
Boston Bullpen Project
Boston Neurobehavioral Associates
Center on Food Equity
Coalition for a Healthy Greater Worcester
Nany Cook
Pam Copland
Lawrence E. Cohen Esq.
Clark University
College of the Holy Cross
Community Harvest Project
Community Naloxone Purchasing Program (CNPP)
Dismas Family Farm
Douglas L. Fox Esq.
Dynamy, Inc.
Edward M. Kennedy Health Center
Family Health Center
Food Insecurity Resistance Movement (FIRM)
Four Others Inc.
Fresh Start – The Moving Crew
Gavin Foundation
Kevin Kieler
MassHire Career Centers
Massachusetts Rehabilitation Commission
Massachusetts Substance Abuse Helpline
Mayor's Food Security Task Force
Mayor's Mental Health Task Force
Multicultural Wellness
Open Sky Community Services
Rachel's Table
Revive of the USA
SaVida Health
Securing Safe Foods
Spectrum Health Systems
State Opioid Response RRH Grant
Washburn House IOP
Worcester County Food Bank



Jeremiah's Inn

Helping people through our social model recovery program and nutrition center.

Jeremiah's Inn is a community of individuals and organizations committed to helping those in our community who suffer from the devastating effects of Substance Use Disorder and Food Insecurity.

Our Mission: We foster a sense of community and mutual aid through partnerships, volunteerism, and our nutrition center.

Our Vision: To help people better their lives in order to better the community.

Charitable organization exempt under section 501(c)3 of the Internal Revenue Code



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JeremiahsInnInc



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www.jeremiahsinn.com